

Trip to Lourdes

by Bernadeta Hodkova

Coming to places where energy from the Source is channelled to Earth is an important part of one's growing. Taking and channelling these places' energy helps to clean and re-connect. Your visit to such a place far outreaches your own persona.

Now I understand Lourdes Grotto as a highway to heaven. The vortex there is as if visible. Not that the people come to pray there and try to open the door. The door is already open wide, and so you can just walk in.

Visitors pass along the rock touching it silently . They pass through a cleansing and blessing funnel so strong you could touch it. A stone building for pilgrims to bathe is just next to the Grotto. And if you go, your brain and all your energy bodies just jump into that spiritual washing . You get to the meditative state without even knowing it. You probably forget all your prayers and can't even remember your intention why you were doing that. The water you immerse yourself into for a

few seconds does not even feel freezing . Your head is empty; your heart is full and expanding . What happens next is the same for everybody. Life changes into peace, kindness, forgiveness, love, serenity and joy. The connection is made Love takes action.

For some the affects last for a few days, for some it is a lifetime. I was witness to people getting their sinusitis, colds and hey fever disappear within hours. A lady I met said she had received her healing powers there in order to help others. My family members elsewhere in the world are feeling every visit I make in the Grotto.

There is no greater strive to be able to receive this healing and empowering energy, than to go there with your own heart open. You don't need to be religious, walk, exercise, fast, eat raw or be vegetarian. It is your heart that makes the connection. Beyond doubt the vortex in Lourdes resonates more every time I see it and attracts more people. The best time for visit is winter with fewer visitors.

Recently the picture of the Grotto in my therapy room came to life,
and I

was instructed to take my clients to the cave. Not everyone and not
always, clients themselves usually comment on the picture before we
start, making thus their own connection. Some time during the session
I take them to that funnel, then it is their time. Spiritual
communication is immediate, practical help for them comes fast. Love
expands and takes action.

Source:

http://dl.dropbox.com/u/24056668/SRTA_Newsletter_12.pdf